go!

EMH - 23.03.2013

go for a listening walk^{*}!

*a listening walk: "a walk where the participant (or participants) concentrates on listening (paraphrase of Schafer 1994, 212-213). When one consciously listens, the normal level of aural awareness increases, which is the primary goal of this activity. When more than one person is involved, silence is expected throughout, and an exchange related to the aural experience is expected at the end."

Leigh Landy, Making Music with Sounds, New York and Abingdon, Oxon (UK): Routledge 2012, S. 192